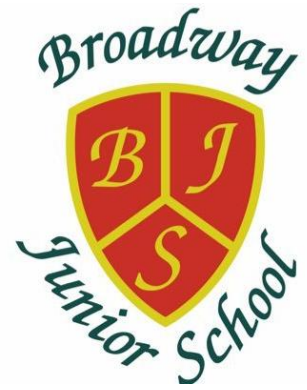


Broadway Junior School

Springwell Road, Sunderland. SR4 8NW

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Headteacher: Mr. D Walton-Jonas

Friday 1st March 2024

Dear Families,

Nibble and a Natter – Understanding Anxiety

MENTAL
HEALTH
MATTERS

Are you available on Tuesday 5th March 2024, 9.00am onwards?

We are fortunate enough to be one of the few schools in Sunderland that are working with the Healthy Heads team. We believe that the way our children feel matters.

Ashley Smith – one of our assigned Mental Health Practitioners – is available to discuss this important issue with you if you are able to make it. Jade will also be available to discuss the school's offer for mental health support.

The session will take place in our Family Learning room, entry via Springwell Road gate, at the ramp.

Refreshments will be made available.

Yours sincerely,

Mr. D. Walton-Jonas
Headteacher

